

«ALIKHAN BOKEIKHAN UNIVERSITY»
Humanitarian Faculty
Pedagogy and Psychology department

THE CATALOGUE OF ELECTIVE SUBJECTS

6B03115 – «PSYCHOLOGY»

Year of entry - 2022

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Reviewed and approved at the meeting of the Faculty's Educational and Methodological Council
Protocol №5 of «23»__05____ 2022 year

Chairman of the UMS Faculty_____Sekei J.S.

Approved at the meeting of the Educational and Methodological Council of the University
Protocol №5 of «25»__05____ 2022 year

Chairman of the UMS of the University_____ Zharykbasova K.S.

Elective course №	Name of the subject	Number of credits	Pre requisites	Post requisites	Short description of the content, the aims of education, expected results
BASIC DISCIPLINES					
Component of choice					
1	Psychodiagnostics	6	Psychology	Methods of scientific and psychological research	<p>The purpose of the study: the formation of students' basic knowledge, skills and abilities in the field of psychodiagnostics.</p> <p>Summary of the course: Introduces mathematical and statistical methods, especially factor and correlation analysis. Examines the possibilities of psychometry and its special impact on the practical result of psychodiagnostics. Reveals one of the most important areas of psychodiagnostics - theory and practice, as well as academic concepts of personality, overcoming a pause in research work. Knowledge of the basics of psychodiagnostics will allow a professional psychologist to use the mathematical apparatus of psychology correctly, to choose the right methods of research tasks and goals.</p> <p>Expected result: To know: scientific and theoretical foundations of psychological and pedagogical diagnostics, requirements for assessing the qualities of psychodiagnostic techniques and their most well-known types, criteria for scientific diagnostic techniques: validity, reliability, discrimination, representativeness; professional and ethical norms of diagnostic work.</p> <p>Be able to: choose diagnostic methods according to the objectives of the study; use psychological diagnostic data; develop optimal ways of constructing and independently conducting psychological diagnostics, taking into account various spheres of social life, quantitative and qualitative analysis and interpretation of the results.</p> <p>Possess: observation, diagnostic conversation, use of standardized techniques.</p> <p>Competencies: special</p>
1	Age psychology		Psychology	Fundamentals of psychoanalysis	<p>The purpose of the study: the formation of the student's ability to navigate the methodological problems of age psychology, as well as the problems of mental development of modern man at various stages of ontogenesis</p> <p>Summary of the course: It is aimed at studying the methodological foundations of research in the field of age psychology. Examines the process of human development in three systems: physical, cognitive, psychosocial, as well as ways to use the acquired knowledge in practice.</p> <p>Expected results: To know: basic concepts of age psychology; patterns of ontogenesis of human mental processes in the conditions of training and upbringing at each age stage; features of phylogenesis and ontogenesis of the human psyche, sociogenesis of consciousness; the most important theories and concepts of representatives</p>

					<p>of the leading areas of psychological science; the specifics of the leading type of activity at each stage of human development, to show the patterns of mental development at each age stage.</p> <p>To be able to: carry out a systematic approach and analysis of psychological phenomena; to characterize each period of a person's life, to reveal its specific and interrelated features with other periods, to distinguish the course of each period in people with different individual psychological characteristics; to conduct a socio-psychological analysis of age development.</p> <p>Skills: apply knowledge about the peculiarities of mental development in practice; use methods of studying socio-psychological phenomena to study the peculiarities of mental development of a school-age child, a child's group and self-study</p> <p>Competencies: Special</p>
2	Personal Growth Training	5	Psychology	Correctional Psychology	<p>The purpose of the study: In-depth study of the process of psychological training, the organization of group work and training technologies.</p> <p>Summary of the course: Within the framework of this course, emphasis is placed on the development of students' understanding of the basic principles and theoretical provisions of the organization of psychological trainings in general, as well as on the specifics of the work of training groups, depending on their orientation. The stages of development of psychological training, techniques and techniques of training, training groups, styles of the trainer are studied. Training programs and the specifics of their development are presented.</p> <p>Expected result:</p> <p>To know: the principles of effective interaction; methods and techniques that contribute to the development of constructive interaction; factors that interfere with productive communication during the work of the group.</p> <p>Be able to: analyze the work in the group; adhere to the rules adopted in the group; give feedback, reflect on your feelings.</p> <p>Skills: master the technique of designing and using the program of psychological and pedagogical training. The rules of the management of the training group.</p> <p>Competencies: Special</p>
2	Communication Skills Training	5	Psychology	Psychodiagnostic Workshop	<p>The purpose of the study: the development of communication skills in solving situational problems of a problematic nature, as well as the development of qualifications in the selection of relevant competencies and directions.</p> <p>Summary of the course: Aimed at the development of communication skills in solving situational problems of a problematic nature and the development of psychological observation. Examines the psychological aspects and principles of beneficial relationships; the history of the development of training; the role of training in the development of communication skills and methods of communication using group methods.</p> <p>Expected results:</p> <p>To know: the criteria of communication, as well as the structure and potential of training as a method of group work.</p> <p>Be able to: control yourself and your behavior in</p>

					<p>various situations of communicative interaction; apply the knowledge gained in practice.</p> <p>Skills: to use self-regulation methods in emotional states; to use communication skills in the process of exchanging information with other participants.</p> <p>Competencies: Special</p>
3	Communication culture and ethics	5	Developmental psychology	Practical psychology	<p>The purpose of the study: The formation of a systematized set of knowledge about the culture of communication, its basic concepts, norms and principles; acquaintance with the ethical foundations of the culture of communication and the acquisition of practical experience in their application; mastering the requirements of business etiquette in relation to various situations in business communication.</p> <p>Summary of the course: Forms students' ideas about the psychological side of business communication when they solve psychological problems that arise in the process of communicating with clients, colleagues, management; promotes the formation of adequate psychological and moral qualities in students as necessary conditions for their professional activities; gives students an idea of how psychological and moral culture of the individual contributes to success in business communication; systematizes knowledge about business communication technologies.</p> <p>Expected results:</p> <p>To know: the culture of communication and modern ethical standards of behavior, professional etiquette as the most important aspect of the culture of communication and professional behavior;</p> <p>Be able to: use theoretical knowledge about the culture of communication, ethics to analyze and solve various practical problems in their future profession.</p> <p>Skills: use the simplest methods of assessing situations and apply constructive influence skills in business conversations, business negotiations, telephone conversations, etc.</p> <p>Competencies: General professional</p>
3	Professional skills and ethics of the psychologist	5	Developmental psychology	Theory and practice of family psychotherapy	<p>The purpose of the study: To form a holistic view of the professional ethics of a practical psychologist and professional skills.</p> <p>Summary of the course: Forms a holistic view of the professional ethics of a practical psychologist and professional skills; about the features of professional ethics; the basic principles of the work of a psychologist; components of professional skills and ways of self-realization of a psychologist. Considered modern technologies of the psychologist's practical activity; components of the psychologist's readiness for professional activity; personality qualities, knowledge, skills that determine the success of a specialist in professional activity.</p> <p>Expected results:</p> <p>To know: the ethical code of a practical psychologist, the principles and norms of ethics; the characteristics of professional activity and its main directions; the structure of professional activity of a qualified psychologist; modern technologies of practical activity of a psychologist-practitioner as a professional;</p>

					<p>components of a psychologist's readiness for professional activity; personality quality, knowledge, skills that determine the success of a specialist in professional activity.</p> <p>Be able to: use the theoretical knowledge gained in professional activity; determine the optimal ways to build interaction, ways to solve crisis situations; create a model of a specialist psychologist; comply with the norms of professional ethics in various areas of psychological practice.</p> <p>Skills: to master the ethics of a psychologist; to apply professional skills in the activities of a psychologist.</p> <p>Competencies: Special</p>
4	Projective methods in psychology	5	Psychology	Art therapy techniques	<p>The purpose of the study: to get acquainted with the main types of projective techniques, with their structure and content, the possibilities of application in research and practical activities of a psychologist.</p> <p>Summary of the course: The theoretical and methodological foundations of projective methods in psychology are considered: the goals, objectives and functions of projective psychodiagnostics, the principles of the projective technique, the specifics of projective psychodiagnostics; advantages and disadvantages of projective methods; the specifics of the application and limitations in the use of projective methods; the background of projective diagnostics. At the same time, the projective method is considered in the context of various concepts.</p> <p>Achievable results:</p> <p>To know: types of projective techniques used in practice; the basis of psychological classifications of criteria for evaluating and interpreting the results of projective techniques; patterns of formation of a particular character structure; the structure of personal qualities; stages of personality development.</p> <p>Be able to: use a projective approach in psychodiagnostics; conduct a psychological examination of the subject, observing the algorithm of work with projective techniques; interpret the results obtained using projective techniques; provide feedback according to the request.</p> <p>Skills: selection of methods in accordance with the contingent and objectives of the study; use of projective techniques in working with different requests; application of projective techniques in individual and family counseling;</p> <p>Competencies: special</p>
4	Workshop on psychology	6	Psychology	Basics of individual and group psychotherapy	<p>The purpose of the study: to familiarize psychology students with the basic methods of psychological science, ways of working with them, their classification and application features, as well as mastering the knowledge and basic skills of scientific study of the psychological laws of experimental work.</p> <p>Summary of the course: Aimed at a system of practical knowledge, skills and professional skills the activity of a psychologist in practical psychodiagnostics, correction, counseling. This course forms students with professional knowledge, skills and abilities in the field of</p>

					<p>psychological diagnostics, psychological counseling, individual and group psychocorrective work.</p> <p>Achievable results:</p> <p>To know: methods of studying and describing the patterns of functioning and development of the psyche from the standpoint of existing approaches in domestic and foreign science; psychological technologies that allow solving typical tasks in various fields of practice.</p> <p>Be able to: use basic psychological methods to solve scientific and practical problems; receive, process and interpret research data using mathematical and statistical apparatus; professionally influence the level of development and features of the cognitive and personal sphere in order to harmonize the mental functioning of a person; make a report on the results of research, diagnostic examination and impact in accordance with generally accepted in psychology requirements.</p> <p>Skills: apply knowledge about the organization of psychological experiment in professional activity</p> <p>Competencies: special</p>
5	Pediatric Neuropsychology	5	Developmental psychology	Psychological service in the social sphere	<p>The purpose of the study: to form students' basic ideas about the formation of functional brain organization in ontogenesis, about new approaches to the study of types of deviant development, their structure, severity, as well as the possibilities of neuropsychological diagnosis and correction of deviations</p> <p>Summary of the course: Theoretical approaches to the study of brain mechanisms, the role of neuropsychological factors in the development of mental processes in children are considered. The schemes of neuropsychological examination of children are presented and the characteristics of neuropsychological syndromes of deviant development are given, neuropsychological approaches to helping children with learning difficulties are considered.</p> <p>Achievable results:</p> <p>To know: the specifics of neuropsychological symptoms and neuropsychological syndromes at different age stages; methods of neuropsychological examination (principles of construction, examination procedure, interpretation of results); principles and methods of restorative training; specifics of correctional work taking into account neuropsychological research.</p> <p>Be able to: to apply the basic methods of neuropsychological examination; to evaluate the results of neuropsychological examination in normal and in case of developmental abnormalities; to make corrective programs based on the data of neuropsychological diagnostic examination</p> <p>Skills: to apply the basic techniques of neuropsychological diagnosis and correction for developmental disorders of various etiologies</p> <p>Competencies: special</p>
5	Health Psychology	5	Developmental psychology	Organization of psychological service in various	<p>The main purpose of the course is the assimilation by students of the key provisions of psychology in their application to modern health issues; meaningful orientation in the interdisciplinary range of health issues; the formation of a modern</p>

				institutions	<p>understanding of the phenomenon of health; the development of a therapeutic strategy to maintain health in the work of a psychologist, as well as the creation of conditions for the growth of professional self-awareness and self-provision of their life needs, by mobilization of own forces, physical, mental and social resources.</p> <p>Summary of the course: It is aimed at forming a system of knowledge about the prevention of physical, mental and social health; obtaining psychological knowledge and skills for successful professional activity; forming a person's need for a healthy lifestyle. The factors of professional health decline are considered; signs of professional personality deformation and emotional burnout.</p> <p>Achievable results:</p> <p>To know: theoretical and methodological foundations of clinical psychology in the field of norm and pathology; definitions of health in medicine, psychology, psychosomatics and other related disciplines</p> <p>Be able to: apply approaches to understanding health and illness in basic psychological theories (psychoanalysis, behaviorism, humanistic psychology, domestic psychology); use a preventive approach to health – individual and population.</p> <p>Skills: carrying out preventive work on the formation of a mature attitude to health, the formation of a goal-forming and meaning-generating wellness process; Building a consultative practice within the framework of prevention and development of health; Describing the characteristics and features of mental activity in persons in a state of "non-pain"</p> <p>Competencies: special</p>
6	History of Psychology	5	Psychology	Basics of psychotherapy	<p>The purpose of the study: to reveal the ways in which the development of scientific knowledge about the psyche took place, both in foreign and domestic psychology, to show how knowledge about the psyche has been transformed over the centuries.</p> <p>Summary of the course: Forms scientific ideas about the emergence and dynamics of the development of psychological knowledge in world and Kazakh history. Develops psychological knowledge within the framework of the doctrine of the soul. Examines the development of psychology in philosophical teachings about consciousness, the main directions in the psychology of open crisis. Reveals the main stages and periods of the development of world, Russian and domestic psychological science from the emergence of psychological ideas in Ancient Greece to the review of modern trends in psychological research</p> <p>Expected results:</p> <p>To know: the main stages of the formation of psychology; problems of modern psychology; socio-historical conditions that determined the emergence and development of scientific psychological schools and directions; conditions for the formation of scientific views of domestic, Soviet, foreign scientists psychologists.</p> <p>Be able to: present material on the problems of</p>

					<p>the history of psychology in oral and written form; apply the knowledge gained in practice. Skills: using methods of historical and psychological analysis. Competencies: General professional</p>
6	Development of Psychological Science in Kazakhstan	5	Psychology	Existential psychology	<p>The purpose of the study: acquaintance with the history of the formation and development of psychological science in Kazakhstan Summary of the course: Forms theoretical knowledge about the development of modern trends and technologies in psychology and psychotherapy in the Republic of Kazakhstan; the basics of professional competence of a practical psychologist in the field of basic, fundamental provisions of practical psychology; the formation and development of value attitudes for professional and personal growth. Expected results: To know: the history of the development of psychological science in Kazakhstan; outstanding scientists-psychologists who stood at the origins of the development of psychological science and modern scientists-psychologists. Be able to: assess various events and phenomena in the history of the development of psychological science; competently use theoretical knowledge in the practice of modern educational institutions. Skills: application of the obtained theoretical knowledge in practice. Competencies: General professional</p>
7	Cognitive psychology	5	Psychology, Developmental psychology	Practical psychology	<p>The purpose of the study: to increase professional competence in the field of psychology of cognitive processes, cognitive activity and cognitive development Summary of the course: Forms general ideas about the psychological and psychophysiological mechanisms of cognitive activity, that is, perception, analysis, memorization, transmission and use of information by a person. Considers the problem of information assimilation during human-computer interaction; problems of cognitive psychology They are considered in the context of the tasks facing specialists in the field of information technology. The work of human sensory systems is analyzed. Expected results: To know: the concept of an individual's cognitive system, its structure, basic processes; various methodological approaches to the study of the cognitive system. Be able to: : be able to integrate knowledge about cognitive processes to solve applied and practical problems; predict changes and dynamics of the development and functioning of cognitive processes, apply knowledge about cognitive processes to understand the patterns of functioning and development of the psyche; Skills: master the basic techniques for diagnosing and measuring mental processes in various types of human activity, specific methods for measuring individual mental processes and ways of processing them Competencies: Special.</p>
7	Fundamentals of psychoregulation	5	Psychology, Developmental psychology	Theory and practice of family	<p>The purpose of the study: to prepare students to solve professional tasks related to the psychological support of the development and</p>

				psychotherapy	<p>functioning of mental phenomena, states and qualities in students of educational institutions.</p> <p>Summary of the course: There is an introduction to the basics of art therapy techniques that contribute to the regulation of mental states; the skills and abilities of applying the theoretical knowledge gained in practice are formed; the principles of working with psychological states, the principles of diagnosis and interpretation of the creative material of the subjects are considered.</p> <p>Expected results:</p> <p>To know: features of psychoregulation in the work of a psychologist; mental states in various situations and methods of their regulation.</p> <p>Be able to: carry out consulting activities taking into account the regulation of the mental state of the client. to carry out consulting activities taking into account the regulation of the mental state of the client; to use psychological exercises for the psychoregulation of the personality.</p> <p>Skills: to know the ways out of crisis psychological states; the skills of using special methods that allow for correctional and developmental work on psychoregulation.</p> <p>Competencies: Special.</p>
8	Basics of conflictology	5	Personal Growth Training,	Work experience	<p>The purpose of the study: Familiarization with the concept of "conflict", as well as with the methods and methods of successful resolution of any conflicts.</p> <p>Summary of the course: The most important concepts and terms of conflictology are studied, the specifics of the emergence and development of conflicts, methods of conflict resolution; the possibility of self-determination of the main signs of conflict.</p> <p>Expected results:</p> <p>To know: the most important concepts and terms of conflictology, the specifics of the emergence and development of conflicts, methods of conflict resolution.</p> <p>Be able to: independently identify the main signs of conflict; regulate conflict situations; prevent conflict behavior.</p> <p>Skills: possess conflict resolution skills; styles of interaction in conflict situations; carry out prevention of conflict behavior.</p> <p>Competencies: General professional</p>
8	Conflictology in social work	5	Communication Skills Training,	Communication and Negotiation Psychology	<p>The purpose of the study: to give students a basis for understanding the current state and development of such an urgent scientific discipline as conflictology, to acquaint them with the structure of ideas and the formation of views of representatives of various sociological and psychological theories, schools that consider conflict both as a social phenomenon and as a manifestation of the individual psyche, to familiarize them with the specifics of conflicts in the field of social work</p> <p>Summary of the course: Knowledge is formed about the essence and forms of conflict manifestation in modern conditions of public and personal life; knowledge about the patterns, features of the emergence and development of conflicts in social work, objective and subjective sources and causes of conflicts in social work; forms of manifestation and classification of</p>

					<p>conflicts are described; the nature and functions of conflicts; the structure of conflict and its main components. The conditions and causes of conflicts in social work are analyzed; a comparative analysis of conflicts is carried out; the methods and ways of conflict resolution in social work are determined; the features of conflicts in social work are identified and the ways of their effective resolution are determined;</p> <p>Expected results:</p> <p>To know: the essence and forms of conflict manifestation in modern conditions of public and personal life; patterns, features of the emergence and development of conflicts in social work; objective and subjective sources and causes of conflicts in social work; forms of manifestation and classification of conflicts; the nature and functions of conflicts; the structure of the conflict and its main components.</p> <p>Be able to: analyze the conditions and causes of conflicts in social work; carry out a comparative analysis of conflicts and classify them; identify ways and means of conflict resolution in social work; identify the features of conflicts in social work and determine ways to effectively resolve them;</p> <p>Skills: knowledge, analysis and forecasting of conflictological aspects of professional activity; behavior in conflict situations, as well as correct assessment, forecasting, prevention of conflicts, optimal means and methods of their resolution and management of conflict situations.</p> <p>Competencies: General professional</p>
9	Psychology of deviant and suicidal ideation	6	Developmental psychology,	Undergraduate practice	<p>The purpose of the study: The formation of a system of knowledge, skills and abilities that allow the correction of deviations within the framework of the main theoretical directions in psychology.</p> <p>Summary of the course: Describes the measures of prevention and correction of deviant behavior in educational institutions, as well as the development of appropriate programs and concepts. Theoretical knowledge about the main factors and manifestations of deviant and suicidal behavior in children and adolescents, skills and abilities of preventive and diagnostic and correctional work are being formed.</p> <p>Expected results:</p> <p>To know: factors contributing to the emergence of deviant and suicidal behavior, counteracting its development at the individual, family, group and general social levels;</p> <p>Be able to: Apply methods and programs of correctional measures; evaluate the effectiveness of providing social and psychological assistance to minors with deviant behavior.</p> <p>Skills: To use the experience of practical use of acquired knowledge in the conditions of future professional activity; the use of adequate forms, methods and programs of correctional measures.</p> <p>Competencies: Special</p>
9	Psychology of aggression	6	Developmental psychology,	Undergraduate practice	<p>The purpose of the study: To form a holistic view of the main theoretical and practical approaches to the problem of aggression in modern psychology, about the types and features of aggressive behavior, about ways to control aggression.</p>

					<p>Summary of the course: An idea of the psychology of aggression is formed; the causes of alienation, increased anxiety, aggressive actions of people are considered; the features of the use of methods of correction of aggressive behavior in psychological counseling; the main directions of psychodiagnostic studies of aggression are given.</p> <p>Expected results:</p> <p>To know: the main categories and concepts of aggressive behavior; to have an idea of the psychological features of working with aggressive personalities.</p> <p>Be able to: give a psychological characteristic of aggressive behavior, interpretation of one's own mental state; diagnose aggressive behavior and carry out corrective work with aggressive personalities.</p> <p>Skills: to possess modern technologies, methods of organizing correctional activities, forms and methods in working with aggressive children; to know the peculiarities of a person's mental state.</p> <p>Competencies: Special</p>
10	Emotional flexibility of psychologists	6	Personal Growth Training	Work experience	<p>The purpose of the study: To teach future psychologists to be emotionally flexible in their professional activities</p> <p>Summary of the course: The emotional flexibility of future psychologists is formed. The basic concepts of emotional expression and emotional stability, which contribute to the positive emotional and mental state of the psychologist, are considered. Various trainings and psychological exercises are considered in order to correctly understand, sincerely accept the experiences of their patients (a sense of empathy).</p> <p>Expected results:</p> <p>To know: professionally significant qualities for a specialist psychologist; the main components of emotional flexibility: emotional stability, emotional expression, empathy, emotional responsiveness; emotional culture of the psychologist; the main methods of formation of emotional flexibility.</p> <p>Be able to: be emotionally flexible: accept your own and others' emotions; manage emotions; adequately assess the real situation; overcome psychological barriers; cope with many internal difficulties; adapt to changing environmental conditions</p> <p>Skills: emotionally flexible; emotionally cultured; perceives his own and others' emotions; emotionally restrained, expressive, empathy, responsibility.</p> <p>Competencies: Special</p>
			Health Psychology	Health Psychology	<p>The purpose of the study: the formation of professional competencies in the field of mental health preservation, activities for the prevention of emotional burnout syndrome.</p> <p>Summary of the course: Methods of psychological support and rehabilitation of employees, military personnel and other persons in conditions of emotional burnout are studied.</p> <p>Skills are being formed to apply methods of psychological support to employees, military personnel and other persons in conditions of emotional burnout, during the performance of tasks of official activity and psychological</p>

10	Psychology of emotional burnout	6			<p>rehabilitation of persons who have received mental injuries, as well as to implement a set of measures for socio-psychological readaptation of employees, military personnel and other persons who participated in extreme activities.</p> <p>Expected results:</p> <p>To know: the concept of "emotional burnout syndrome"; to distinguish between psychopathological, psychosomatic, somatic symptoms and signs associated with emotional burnout; methods and forms of work aimed at preventing emotional burnout.</p> <p>Be able to: distinguish between the main signs and stages of emotional burnout, provide psychological assistance to people with emotional burnout; carry out prevention of emotional burnout.</p> <p>Skills: relieving symptoms of burnout and preventing emotional stress Must demonstrate the ability and willingness to: Apply the acquired knowledge and formed skills in the practice of professional activity</p> <p>Competencies: Special</p>
11	Basics of psychotherapy	5	Psychology. History of Psychology	Work experience	<p>The purpose of the study: The formation of students' basic ideas about a number of psychoanalytic approaches, comparing them with some methods of psychoanalytic practical work with patients, teaching special techniques of introspection within the framework of psychoanalytic concepts.</p> <p>Summary of the course: Aimed at studying the basics of psychotherapy as a specific form of professional activity of a psychologist and psychotherapist; principles and patterns of psychotherapy, its relationship, interrelationships and differences with training, education, counseling, training and other forms of work in helping professions aimed at personal growth, development, correction and change of personality in life situations. The structure and conditions of professional activity and the specifics of the relationship between the participants of the psychotherapeutic process are revealed.</p> <p>Expected results:</p> <p>To know: the subject and content of the discipline "Fundamentals of psychotherapy", the code of a practical psychologist, the main conceptual provisions, therapeutic content, criteria for innovations and causes of inappropriate behavior of clients/ patients in the aspect of psychotherapy models, as well as the features of special problems of psychological counseling.</p> <p>Be able to: conduct a consultation, a conversation, establish consultative contact, form goals and objectives of psychotherapeutic influence. Apply the basic procedures and techniques of psychotherapy, build therapeutic relationships, assess the problems of clients /patients; diagnose problematic behavior; collect a psychological history.</p> <p>Skills: understanding of the psychoanalytic approach in psychology; methods of interpretation; skills to navigate well in various concepts and approaches that are presented in this course.</p> <p>Competencies: special</p>
11	Existential	5	Psychology.	Final state	The purpose of the study: to familiarize students

	psychology			certification	<p>with the theoretical and practical foundations of existential psychology.</p> <p>Summary of the course: Forms ideas about existential psychology as a direction in psychology that arose in line with the philosophy of existentialism, which proceeds from the uniqueness of a specific human life, not reducible to general schemes. As a humanistic direction in psychology, he considers the peculiarities of the influence on the emergence of this direction in psychology of the philosophy of existentialism by Seren Kerkegor, Martin Heidegger and Jean Paul Sartre and the phenomenological psychology of Edmund Husserl.</p> <p>Expected results:</p> <p>To know: basic concepts of existential psychology; history and trends in the development of existential psychology; methods of existential psychology; features of the development of existential-humanistic ideas in foreign and domestic psychology.</p> <p>Be able to: apply the conceptual and categorical apparatus of existential psychology to analyze psychological phenomena; use methodological approaches of existential psychology to solve research problems; use methods of existential analysis to solve complex life situations.</p> <p>Skills: practical application of knowledge about the main types of existential psychology; skills of using basic methods and techniques of psychological counseling in an existential approach.</p> <p>Competencies: special</p>
12	Legal psychology	5	Psychology	Final state certification	<p>The purpose of the study: Familiarization with the basic methods and means of modern legal psychology; psychological issues related to the implementation of the legal system.</p> <p>Summary of the course: The content and tasks of legal psychology, the psychological foundations of legal consciousness, the content of criminal psychology and the professional activity of a lawyer, the psychology of judicial activity, psychological aspects of punishment and correction of convicts, the content of the activity of a psychologist in the system of law enforcement agencies are revealed. Such issues as the subject, methods and spheres of legal psychology, comparative choice and the main differences between everyday and scientific legal knowledge are also considered.</p> <p>Expected results:</p> <p>To know: basic and basic concepts of legal psychology.</p> <p>Be able to: use the achievements of legal science in solving various tasks of everyday life and human activities.</p> <p>Skills: application of the basics of legal knowledge in the course of psychological and pedagogical support of a person; the ability to take into account the peculiarities of regulation of behavior and activity of a person with criminal motivation at various age stages;</p> <p>Competencies: Special</p>
12	Political psychology	5	Psychology.	Final state certification	<p>The purpose of the study: to contribute to the formation of bachelors of a holistic system of ideas about psychological phenomena and patterns in the political sphere of society; to</p>

					<p>prepare them for practical activities in the field of politics.</p> <p>Summary of the course: An integral system of ideas about psychological phenomena and patterns in the political sphere of society, the preparation of future specialists for practical activities in the field of politics is being formed. The subject, methods and branches of political psychology are studied; the main differences and comparative analyses of political and scientific-legal psychological knowledge; the importance and place of political psychology in the system of sciences.</p> <p>Expected results:</p> <p>To know: the main directions of the development of political psychology; methods and features of the work of a psychologist in the political sphere;</p> <p>Be able to: apply methods of diagnosing the psychological and political stability of society and the political motivation of the masses and methods of economic and psychological research and collecting information for the development of the political culture of society and its members.</p> <p>Skills: the main techniques for creating the popularity of political subjects and diagnosing the state of mass consciousness; the main techniques for preventing negative consequences of activities in the political sphere</p> <p>Competencies: Special</p>
13	Psychology of extreme situations	5	Psychology	Final state certification	<p>The purpose of the study: To form a holistic view of the psychology of extreme situations, to familiarize with its basic concepts, methods of emergency assistance, organizational aspects of emergency psychological assistance in emergency situations.</p> <p>Course summary: Theoretical and practical knowledge in the field of psychology of extreme situations is formed; knowledge of the basic principles of psychological interventions in extreme situations and the presence of an idea of providing psychological assistance to people with stress-related disorders; psychological mechanisms of human adaptation in extreme situations, factors of psychological stability are studied.</p> <p>Expected results:</p> <p>To know: the subject, tasks and scope of the psychology of extreme situations; basic concepts and their relationship (stressful, tense, extreme situation); types of tense and extreme situations; primary reactions and behavior of a person, groups in extreme situations.</p> <p>Be able to: freely use special terms; navigate various types of extreme situations and forms of behavior of people in these situations; navigate the methods of diagnosis of mental states, human behavior in extreme situations, diagnosis of PTSD.</p> <p>Skills: Organization of work in an extreme situation; Diagnosis of acute stress reaction, traumatic stress; Master techniques and methods of emergency psychological assistance of various psychotherapeutic directions.</p> <p>Competencies: General professional</p>
13	Psychology of safety educational space	5	Psychology	Final state certification	<p>The purpose of the study: to instill fundamental knowledge and skills to recognize and evaluate psychologically dangerous and harmful</p>

					<p>environmental factors for a person, to determine ways of psychological protection against them, to eliminate negative consequences, to provide psychological assistance, to counteract risks at an early stage of their manifestation, i.e., the development of a system of preventive measures and monitoring skills.</p> <p>Summary of the course: Ideas about psychological expertise are formed (assessment), psychological safety of the educational environment, its role and significance in ensuring the educational process. The specifics and significance, main tasks and content of expert activity are determined.</p> <p>There is a mastery of the system of ideas about the psychological safety of the educational environment, the formation of skills for identifying criteria for analyzing its safety.</p> <p>Expected results:</p> <p>Know: features, specifics and technology organization of a psychologically safe environment in an educational institution; psychological features of the behavior of schoolchildren; methods of providing first psychological aid to victims.</p> <p>Be able to: provide psychological assistance in various forms of psychological trauma; carry out preventive measures to prevent psychological trauma in the contingent of an educational institution.</p> <p>Skills: methodological tools of the process of forming a psychologically comfortable and safe educational environment, ways to prevent and overcome threats and risks of the educational environment.</p> <p>Competencies: General professional</p>
14	Methods of scientific and psychological research	5	Psychodiagnostics. Projective methods in psychology.	Final state certification	<p>The purpose of the study: The objectives of mastering the discipline is the formation of students' basic knowledge in the field of scientific psychological and pedagogical research, as well as the ability to use the basic methods of psychological and pedagogical research to solve the tasks of the professional activity of a special psychologist.</p> <p>Summary of the course: An idea of scientific and psychological research, its methodological principles, the logical structure of psychological research, its scientific apparatus is given. The content of the main stages of psychological research is revealed: preparatory, research, final. The characteristic of psychological research methods is given, the role of a set of methods in collecting objective information on the research topic is shown.</p> <p>Expected results:</p> <p>To know: principles of psychological and pedagogical research and its stages; basic methods of psychological research; the main types of psychological and pedagogical research and their requirements;</p> <p>Be able to: organize a scientific psychological study; choose a research method in accordance with the goals and objectives of the study, the age of the subject, the type of dysontogenesis, and other factors;</p> <p>Skills: organization of standardized psychological observation; preparation of a questionnaire;</p>

					processing and interpretation of the results obtained in the process of experimental psychological research. Competencies: General professional
14	Mathematical statistics in psychology	5	Psychodiagnostics	Final state certification	The purpose of the study: to prepare students to use mathematical statistics to solve professional problems. Summary of the course: The content of this course is aimed at forming students' understanding of general mathematical concepts; acquisition by students of theoretical knowledge, practical skills and skills of using mathematical methods in the processing of psychological research data. Expected results: To know: the concept of probability, probabilities of simple and complex events, a random variable, its various quantitative characteristics, ways of representing random variables, basic distributions, statistical hypothesis and statistical criterion, errors of the first and second kind, basic statistical criteria. Be able to: Calculate probabilities of complex events; calculate distribution parameters to build probabilistic models and formulate statistical hypotheses when analyzing experimental data, to evaluate the reliability of statistical conclusions using standard data processing packages. Skills: Concepts of probability theory, methods and algorithms of data processing. Competencies: General professional
15	Psychological service in the social sphere	5	Psychology .	Final state certification	The purpose of the study: To train a specialist psychologist in the field of practical psychology who is able to apply psychological knowledge, skills and abilities, to solve professional tasks within the requirements of psychological service in the social sphere. Summary of the course: Reveals the organizational and methodological foundations of the psychological service in the social sphere, the main activities of a practical psychologist in the social sphere, the specifics of the activities of socio-psychological services. Expected results: To know: the content and main activities of a practical psychologist in the social sphere, ways of organizing joint activities and interpersonal interaction of subjects of the social sphere. Be able to: provide psychological support in the prevention and/or resolution of deviations in social and personal status and development, to diagnose interpersonal interaction of subjects of the social sphere; Skills: methods and techniques of a practical psychologist in the social sphere; methods and techniques of effective interaction. Competencies: Special
15	Organization of psychological service in various institutions	5	Psychology.	Final state certification	The purpose of the study: To familiarize future psychologists with the peculiarities of the organization of psychological services in various institutions. Summary of the course: Gives an idea of the features of the organization of psychological services in various institutions, the specifics of the work of a psychologist in various institutions of the social sphere; the principles of school

					<p>psychological services; introduces regulatory documents used in the activities of a practical psychologist in various institutions.</p> <p>Expected results:</p> <p>To know: regulatory and legal documents used in the activities of a practical psychologist in various educational institutions; methods of studying professionally important qualities of representatives of various professions; features of the work of a psychologist in an organization and in an educational institution.</p> <p>Be able to: characterize and analyze the features of interpersonal relationships in the workforce; conduct diagnostic, correctional and advisory work;</p> <p>Skills: skills of applying diagnostic methods of professionally important qualities necessary for the successful professional activity of representatives of various professions; skills of modeling the psychological service of the organization; conducting trainings.</p> <p>Competencies: Special</p>
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PROFILE DISCIPLINES

Components of choice

1	Ethnopsychology	6	Psychology	Pre-graduate diploma practice	<p>The purpose of the study: To familiarize students with ethnopsychological phenomena, the specifics of formation and development, the peculiarity of the influence of representatives of various communities on the social processes of society.</p> <p>Summary of the course: Introduces ethnopsychological phenomena, the specifics of formation and development, the peculiarity of the influence of representatives of various communities on the social processes of society.</p> <p>Ethnopsychology is presented as the science of ethnoses, ethnic processes, ethnic phenomena, while its connections with many socio-historical sciences are revealed: philosophy, cultural studies, sociology, political science, etc.</p> <p>Expected results:</p> <p>To know: basic and modern approaches and methodological provisions of ethnopsychology, psychological features of various nations and ethnic groups; patterns of functioning of ethno-cultural groups, the emergence and development of psychological processes in them, the interaction of personality with them.</p> <p>Be able to: analyze psychological phenomena and processes in various ethno-cultural groups, comparing and comparing them with each other; analyze and identify psychological problems of a particular person associated with her belonging to this ethno-cultural group.</p> <p>Skills: solving real applied problems arising in practice; master the techniques of designing tests; possess the skills of working with psychodiagnostic methods; use professional skills and skills in practice.</p> <p>Competencies: Special</p>
1	Psychology of thinking and intelligence	6	Psychology	Pre-graduate diploma practice	<p>The purpose of the study: the formation of a system of knowledge on the psychology of thinking and intelligence</p> <p>Summary of the course: Forms knowledge about the subject of psychology of thinking and intelligence, the main directions of its study, the relationships and relationships between thinking and speech, the possibilities of practical</p>

					<p>application of data and conclusions obtained in the research of thinking and intelligence; features of the development of creative thinking; introduces methods of diagnosis of thinking and intelligence.</p> <p>Expected results:</p> <p>Know: basic mental processes; - fundamentals of personality psychology; psychology of thinking and intelligence</p> <p>Be able to: apply the acquired knowledge in practice; distinguish between creative and critical thinking; operate with scientific and conceptual apparatus in this discipline; diagnose the levels of development of intelligence and thinking; diagnose the types of basic thinking.</p> <p>Skills: to present material on the problems of psychology of thinking and intelligence; students' understanding of the theoretical foundations and methodological approaches to the problem of intelligence research; working with diagnostic tools; using the knowledge gained in everyday life and professional activities.</p> <p>Competencies: special</p>
2	Psychology of family and marriage	4	Psychology. Developmental psychology	Final state certification	<p>The purpose of the study: The development of students' ideas about the state and main trends of marriage and family development in the modern world</p> <p>Summary of the course: Forms adequate ideas about the subject and tasks of the psychology of family and marriage at the present stage, its main directions, possibilities of practical use. The role of the family in the formation of personality, general issues of the theory of family and family relations, family interactions, marital problems, problems of raising children in the social and institutional contexts of the family, the functioning of the family system, the organization and dynamics of family relations are revealed.</p> <p>Expected results:</p> <p>To know: the main functions of the family; the structure of the family and its maintenance systems; techniques for resolving marital and child-parent conflicts; psychological characteristics of the family as a small group; types of families, the life cycle of the family; psychological foundations and profiles of marriage.</p> <p>Be able to: determine the level of cohesion of the family system; identify the causes of conflicts in family relationships, identify attitudes, emotions, stereotypes of the emergence and development of family conflicts; use practical skills in family counseling; systematize and analyze empirical knowledge about relationships in the family; carry out psychodiagnostics and correction of family relationships.</p> <p>Skills: researching problems and providing psychological assistance to the family, in certain psychotherapeutic approaches and counseling techniques; working with the family at various stages of development and being able to navigate family problems.</p> <p>Competencies: Special</p>
2	Ethics and psychology of family relations	4	Psychology. Developmental psychology.	Final state certification	<p>The purpose of the study: To form a general idea of the family as a unit of society, to form readiness for marriage and upbringing of future children, respect for the family, its spiritual</p>

					<p>values.</p> <p>Summary of the course: Promotes the formation of the need for young men and girls to create a family, readiness for marriage, the ability to properly build intra-family relationships and raise future children. Forms theoretical knowledge about the family as a social institution; improving legal competence in the field of knowledge of family legislation; fostering highly moral interpersonal relationships.</p> <p>Expected results:</p> <p>To know: psychological features of family relationships; the concept of family as a social institution; to acquaint with the moral norms of marriage in traditional culture.</p> <p>Be able to: perform tasks provided by the program; freely and adequately use special terms; resolve and prevent conflicts arising in family relationships.</p> <p>Skills: working with family and the ability to navigate family problems; interaction between people living in the same family.</p> <p>Competencies: Special</p>
3	Correctional Psychology	5	Psychodiagnostics	Art therapy techniques	<p>The purpose of the study: To familiarize with the basics of psychocorrective and developmental work of a practical psychologist.</p> <p>Summary of the course: Considers psychological correction as a field of activity of a practical psychologist; features of drawing up psychocorrection programs, conducting game therapy, individual psychocorrection, using methods of self-regulation, isotherapy, psychohymnastics. Reveals the general patterns of correctional psychology, which studies people with deviations from normal mental development, the methodology of psychotherapy.</p> <p>Expected results:</p> <p>To know: the main directions, approaches, concepts and types of psychocorrection, classical and the most promising psychocorrection techniques and technologies.</p> <p>Be able to: think analytically and critically evaluate the works of outstanding representatives of psychology and psychotherapy, competently apply theoretical knowledge in the preparation of psychocorrective programs and in the process of carrying out psychocorrective activities.</p> <p>Analyze, evaluate, draw conclusions based on the theoretical and methodological principles of psychological correction.</p> <p>Skills: skills of using knowledge about general specific patterns and individual characteristics of mental and psychophysiological development, peculiarities of regulation of human behavior and activity at various age levels. Possess the skills of applying the basic methods and technologies that allow solving problems in correctional work.</p> <p>Competencies: Special</p>
3	Psychodiagnostic Workshop	5	Psychodiagnostics	Basics of individual and group psychotherapy	<p>The purpose of the study: Mastering the specific skills of conducting and interpreting universal personal psychodiagnostic techniques.</p> <p>Summary of the course: There is a mastery of specific skills of conducting and interpreting universal personal psychodiagnostic techniques.</p> <p>Psychodiagnostic techniques and the scope of their application are considered.</p> <p>Psychodiagnostics as a practical activity of a</p>

					<p>psychologist in the field of medicine. Psychodiagnostics as a practical activity of a psychologist in the field of education. The characteristics of psychodiagnostic tools, the variety of psychodiagnostic methods and techniques and the possibility of their application in various professional situations are given.</p> <p>Expected results:</p> <p>To know: the theoretical foundations of psychodiagnostic tools, the variety of psychodiagnostic methods and techniques and the possibilities of their application in various professional situations.</p> <p>Be able to: competently apply psychodiagnostic tools; make a psychological conclusion and formulate psychological recommendations based on the results of a personality examination.</p> <p>Skills: classical and modern methods of searching, processing and using information; methods of psychological research.</p> <p>Competencies: Special</p>
4	Practical psychology	5	Communication culture and ethics	Undergraduate practice	<p>The purpose of the study: To familiarize students with the basic methods and means of modern practical psychology.</p> <p>Summary of the course: Reveals the basic concepts, problems and patterns, systematizes students' knowledge in various scientific fields, forms skills and skills of systematic analysis of psychological phenomena;</p> <p>defines the main directions of professional activity of a practical psychologist, ethical principles and rules of work of a practical psychologist, reveals the activities of a school psychologist, the procedure of practical counseling, the basic theories of psychotherapy equips with knowledge of psychoprophylaxis and psychological education.</p> <p>Expected results:</p> <p>To know: The main tasks of practical psychology, the areas of its application; the possibilities of applying the knowledge of psychology to solve real pressing problems; the differences between practical psychology and applied psychology; methods that are used in practical psychology in the process of working with clients; independent areas of practical psychology: psychological counseling, psychological testing, psychological correction.</p> <p>Be able to: Apply individual and group methods of work; use psychological knowledge in building relationships with people and influencing them; conduct psychological counseling of patients, group trainings;</p> <p>Skills: rights, duties and ethical standards; basic technologies of psychological diagnostics, development, psychoprophylaxis, information and correction; methods of evaluating the effectiveness of psychological technologies in the practical activities of a psychologist.</p> <p>Competencies: General professional</p>
4	Theory and practice of family psychotherapy	5	Professional skills and ethics of the psychologist	Internship	<p>The purpose of the study: is the development through the development of practical psychological knowledge in the field of child psychology leading to scientific understanding and understanding of the value-semantic foundations and technologies of professional activity for psychological and pedagogical</p>

				<p>support of subjects of the educational process based on the development of general cultural and professional competencies. Familiarization of students with the fundamentals of the theory and practice of family counseling.</p> <p>Summary of the course: Reveals the fundamental foundations of the theory and practice of family counseling. Forms an idea of the main approaches to working with the family that have developed in the world of counseling practice; the most famous representatives of these approaches, about the attitudes that have developed in practical psychology in relation to the analysis of conflict interaction in the family; problematic behavior of a child, tension in relationships between representatives of different generations; allows you to analyze the situation from a scientific point of view, in which it is necessary to provide advice on family problems, to solve practical problems related to counseling, based on the basic principles and algorithms that exist in modern psychological knowledge about the family.</p> <p>Expected results:</p> <p>To know: the cultural and historical nature of the family, current trends in its development; patterns of formation and development of the functional role structure of the family at different stages of its life cycle; psychological characteristics of marital relations; historical, structural, dynamic parameters of the family system, methods of their diagnosis; non-normative family crises and strategies to overcome them;</p> <p>Be able to: conduct marriage counseling, including the choice of a marriage partner and marriage; conduct counseling on marital relations (diagnosis, correction, prevention); provide psychological assistance to the family in crisis situations and in case of divorce; conduct counseling, diagnosis and correction of child-parent relationships; conduct counseling on the upbringing and development of children and adolescents (diagnosis, prevention, correction of disorders and deviations in development).</p> <p>Skills: apply psychotherapeutic methods in family counseling</p> <p>Competencies: General professional</p>
5	Gestalt psychology	5	Psychology	<p>Internship</p> <p>The purpose of the study: is the assimilation by students of the basics of the theory and practice of Gestalt psychology. Which implies: a competent and systematic approach to the history, philosophy of gestalt therapy, to the main provisions of the theory of gestalt therapy, mastering the basic techniques of gestalt therapy.</p> <p>Summary of the course: Introduces the technologies of the process of psychological counseling from the standpoint of gestalt therapy, examines its stages, as well as methods and techniques of gestalt therapy for various situations when solving problems of psychological assistance. Reveals the basic concepts and terms used in this area of psychological science and practice, develops practical skills of independent psychological counseling.</p> <p>Expected results:</p> <p>To know: the role and significance of this course for psychological science, the main stages of the development of gestalt theory, the contribution of</p>

					<p>scientists to the development of the gestalt approach; methodological principles of the gestalt approach; the content of the main provisions of gestalt therapy; pressing problems of the current stage of the development of the gestalt approach in the country and the world; achievements and miscalculations of the practical work of psychologists.</p> <p>Be able to: understand the relationship between the theory and practice of the gestalt approach; see the content of problems in real phenomena of social life; comprehend the general directions of possible study of these phenomena; apply knowledge from the course of gestalt therapy in practice; find relevant literature on the issue under study.</p> <p>Skills: To have a clear idea of the professional role of a gestalt therapist; skills of working with literature on the studied problems; basic techniques and technologies of the gestalt approach.</p> <p>Competencies: special</p>
5	Fundamentals of psychoanalysis	5	Psychology	Internship	<p>The purpose of the study: the development of the discipline is to prepare a bachelor with a complex of fundamental knowledge of the fundamentals of the theory and practice of psychoanalysis to solve practical and research problems in the field of deep psychological counseling, as well as personal and professional qualities that contribute to practical activities in cooperation with specialists in related fields.</p> <p>Course summary: Fundamentals of psychoanalysis</p> <p>to solve practical and research problems in the field of deep psychological counseling; systematizes theoretical knowledge for psychoanalytically oriented counseling as one of the scientific concepts of deep psychology; develops critical, analytical and synthetic thinking in the study of the conceptual foundations of psychoanalysis, as well as in the analysis of situations arising in the process of psychoanalytically oriented counseling; develops skills and abilities to competently set and solve practical tasks in the field of psychoanalytically-oriented counseling and provide psychological assistance.</p> <p>Expected results:</p> <p>To know: the prerequisites for the emergence, the history of the formation and development of psychoanalysis, the life path and creativity of the founder of psychoanalysis Z.Freud; methodological foundations, basic theoretical concepts and categories of modern psychoanalysis; dynamics of the process of psychoanalytically oriented counseling, the essence and content of the stages of the psychoanalytic process, features of the work of a psychoanalytically oriented specialist, psychoanalytic rules and procedures.</p> <p>Be able to: navigate the system of historical and psychological knowledge, analytically and critically approach the study and development of the works of Z.Freud, as an outstanding representative of psychological knowledge, and his followers; to use the theoretical material of the discipline in research activities, as well as in</p>

					<p>future consulting work; to apply the requirements of professional ethics in working with clients, to design methods of psychological assistance to the client.</p> <p>Skills: conceptual foundations and categorical apparatus of psychoanalysis; - skills and abilities of psychoanalytically oriented interviewing and psychoanalytic psychodiagnostics, structuring a consultative conversation, using factors affecting the nature of the consultative process and changes in the psychological status of the client</p> <p>Competencies: special</p>
6	Art therapy techniques	5	Projective methods in psychology	Internship	<p>The purpose of the study: The formation and development of scientific psychological knowledge among students in the field of art therapy, acquaintance with the theory and history of the creation of art therapy directions.</p> <p>Summary of the course: Introduces classical and modern art techniques used in various areas and activities of a psychologist, with psychodiagnostic and psychotherapeutic possibilities of creativity, with the theory and history of the creation of art therapy directions; promotes the mastery of techniques and techniques of art therapy: music therapy, sound therapy, fairy tale therapy, folklore therapy, bibliotherapy, sand therapy, film therapy, theater psychotherapy, choreotherapy, etc.</p> <p>Expected results:</p> <p>To know: basic theories, principles, basic concepts of art therapy; factors of psychotherapeutic influence in art therapy, the main art therapy directions.</p> <p>Be able to: diagnose the client's problems in an art-therapeutic way, build a therapeutic strategy in working with the client, select methods and techniques of work.</p> <p>Skills: can apply art therapy techniques (music therapy, sand therapy, fairy tale therapy, clay therapy, etc.) in professional activity.</p> <p>Competencies: special</p>
6	Basics of individual and group psychotherapy	5	Workshop on psychology	Internship	<p>The purpose of the study: To equip future specialists with knowledge in the field of psychotherapy, mastering the purpose and techniques of individual and group therapy.</p> <p>Summary of the course: Equips future specialists with knowledge in the field of individual and group psychotherapy; aims at mastering the techniques of individual and group therapy. Introduces various psychotherapeutic directions, the history of their formation and development, the peculiarities of the use of psychotherapeutic methods in practice.</p> <p>Expected results:</p> <p>To know: the main psychotherapeutic directions, the history of their formation and development, the peculiarities of the use of psychotherapeutic methods in practice.</p> <p>Be able to: use psychotherapeutic techniques such as autogenic training, persuasion and auto-suggestion, hypnosis, psychodrama in the professional activity of a psychologist.</p> <p>Skills: analytical comprehension and critical mastering of the works of outstanding representatives of psychotherapy; readiness to apply the knowledge gained in practice.</p> <p>Competencies: special</p>
7	Military Psychology	4	Psychology	Final state	The purpose of the study is to familiarize students

				certification	<p>with the history of the formation and development of military psychology, the peculiarities of the behavior and activities of the military, ideals and beliefs, the highest feelings of patriotism, military duty, love for the Motherland, devotion to the Fatherland.</p> <p>Summary of the course: Forms a system of knowledge, skills, skills and competencies that form the basis of the qualification of a psychologist-practitioner, whose subject of activity is knowledge in the field of military psychology and the field of psychological work carried out in military units.</p> <p>Expected results:</p> <p>To know: the characteristics of the foci of mass destruction of wartime; the basics of first aid to the affected population; the organization of psychological assistance in military conditions; the concepts of fear, stress, panic, affect, deprivation and be able to distinguish them; possible manifestations of victims of extreme situations; psychogenic disorders of victims; principles of assistance; criteria for medical sorting; criteria for evaluation of syndromic paintings; the main provisions of military psychology, its place and role in the system of military science, its subject-object area, the main categories and specifics of patterns; the main directions of psychological activity of units and subunits in various types of combat and in the organization of daily activities.</p> <p>Be able to: provide medical and psychological assistance to the population in wartime and in peacetime emergencies, military personnel and their family members; apply the basic provisions of military psychological science in the practice of a military psychologist; conduct psychodiagnostics and provide psychological assistance to military personnel, their family members and civilian personnel of military units; make an expert opinion on professional suitability a military specialist.</p> <p>Skills: skills of assessing the psychological population in wartime conditions, in peacetime emergencies and military personnel in daily activities and in various types of combat; ways to protect the population, patients, medical personnel and property from damaging factors of various types of weapons and in peacetime emergencies; methods of using medical means to protect the population, patients and medical personnel.</p> <p>Competencies: General professional</p>
7	Psychology of occupational stress	4	Psychology	Final state certification	<p>The purpose of the study: to familiarize students with the main branches of scientific psychology in the field of stress, the types and areas of work with stress psychologists, the specifics of stress psychology as a profession, the formation of the image of a professional psychologist working with stress (cognitive and value-semantic component).</p> <p>Summary of the course: Forms ideas about the psychology of occupational stress, its causes, manifestations and consequences; develops the ability to diagnose stress in professional activity; identify the state of reduced performance; allows</p>

				<p>you to master practical tools and techniques of stress management and mental self-regulation; forms stress resistance.</p> <p>Expected results:</p> <p>To know: psychological phenomena, categories, methods of studying and describing the patterns of functioning and development of the psyche from the perspective of existing approaches in domestic and foreign science; psychological technologies that allow solving typical tasks in the areas of working with stress; basic approaches to psychological impact on individuals, groups and communities; patterns and principles of the organization of the educational process; basic psychological and physiological concepts of stress; systematization of stressful factors and situations; grounds for differentiation of different forms and types of stress; methods of diagnosis of stressful states; methods of stress relief and methods of counseling people experiencing crisis conditions; systematization of techniques and means of psychoprophylaxis and stress correction; specifics of working with people experiencing stress, the main organizational forms of implementation of programs and psychological technologies of mental state management;</p> <p>Be able to: analyze psychological theories of the emergence and development of the psyche in the process of evolution, the development of stressful states in an individual; predict changes and dynamics of the level of development and functioning of various components of the psyche in normal and with mental abnormalities under the influence of stress factors; professionally influence the level of development and features of the cognitive and personal sphere in order to harmonize the mental functioning of a person in order to prevention of stressful conditions; to design, implement and evaluate the educational process taking into account the age-psychological characteristics of students; to analyze various conditions and factors contributing to the development of stress; to orient oneself in the field of psychoprophylactic and psychocorrective methods and means in order to effectively correct stress conditions; to justify the need for the use of psychological influences in order to form an optimal functional state; to implement the mastered within the course training applied stress management programs;</p> <p>Skills:the main methods of diagnosis, prevention, examination, correction of psychological properties and conditions, characteristics of mental processes, various activities of individuals and groups in various stressful conditions; criteria for the selection of psychodiagnostic and psychocorrective techniques; skills of interpretation of the data obtained; skills of building basic schemes of therapeutic, advisory, training programs, etc.; skills of analyzing their activities as a professional a psychologist in order to optimize it, skills of psychoprophylaxis of psychoregulation; modern technologies and methods of implementation of the educational process; methods of preparation and conducting laboratory and practical classes; skills of providing psychological support, therapy and</p>
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					correction to persons with post-traumatic stress disorder. Competencies: General professional
8	Management Psychology	4	Communication culture and ethics	Final state certification	<p>The purpose of the study: The formation of systemic ideas about the psychological patterns of managerial activity and the creation of their general theoretical and methodological foundations of the psychology of managerial work.</p> <p>Summary of the course: Introduces modern achievements of domestic and foreign psychology of managerial activity, social psychology of personality and small groups, psychology of communication, cognitive activity and educational work. Gives an idea of management psychology as a scientific discipline, the subject and main tasks of psychology, the development of psychological theories of management, traditional and innovative concepts in management psychology. Considers the possibilities of developing and effectively using the psychological potential of employees, an organizational and activity approach to building management systems of various levels and purposes.</p> <p>Expected results:</p> <p>To know: psychological features of managerial activity; socio-psychological aspects of personnel management; ways and methods of creating a favorable psychological environment in the team; characteristics of small groups and collectives; theories of personnel motivation; personality characteristics of the head.</p> <p>Be able to: analyze the psychological aspects of solving various tasks within the framework of management activities; apply the latest psychological technologies and methods of their use in order to increase production efficiency; pay increased attention to the development and realization of a creative personality.</p> <p>Skills: methods of psychological influence on the team and individuals to optimize the moral and psychological climate in the team; methods of business and managerial communication.</p> <p>Competencies: Special</p>
8	Communication and Negotiation Psychology	4	Professional skills and ethics of the psychologist	Final state certification -	<p>The purpose of the study: The acquisition of knowledge, skills that allow for individual and group communication, both in the field of professional activity and in interpersonal relationships.</p> <p>Summary of the course: Forms an idea of communication as a socio-psychological phenomenon. The main categories and concepts of psychology of communication and negotiation are considered; the main domestic and foreign approaches and concepts in the field of psychology of communication; features of negotiations in the business sphere and the organization of the negotiation process. Defines methods of communication and sociability research; communication factors and negotiation activities in accordance with the age, gender and level of education of potential participants in the process; factors influencing the success of personal and business communication, negotiation process; various psychodiagnostic, preventive and correctional-developing</p>

					<p>techniques in working with a group.</p> <p>Expected results:</p> <p>To know: the main categories and concepts of communication psychology; the main domestic and foreign approaches and concepts in the field of communication psychology; methods of communication and sociability research; factors and psychological mechanisms of personality formation, development and functioning;</p> <p>Be able to: organize psychological space and interaction in the format of negotiation process, business and personal communication; organize business communication and negotiation activities in accordance with the age, gender and level of education of potential participants in the process; take into account factors affecting the success of personal and business communication, negotiation process; apply various psychodiagnostic, preventive and correctional-developing techniques in working with the group.</p> <p>Skills: negotiation process; skills of organizing, conducting and monitoring the effectiveness of communication and negotiations; methods and techniques of effective psychological interaction with the group; skills of building and organizing diagnostic procedures in the format of business communication and negotiation process.</p> <p>Competencies: Special</p>
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LIST
of elective components for the educational program
6B03115 "Psychology"

Duration of study: 4 years

Form of study: full-time

Year of admission: 2022

Name of the discipline	Code of Discipline	Quantity of credits	Semester
Basic disciplines			
Elective course 1		6	
1.Psychodiagnostics	Psy2211		3
2. Age psychology	AP2211		
Elective course 2		5	
1.Personal Growth Training	PGT2212		3
2.Communication Skills Training	CST2212		
Elective course 3		5	
1.Communication culture and ethics /	CCE2213		4
2.Professional skills and ethics of the psychologist	PSEP2213		
Elective course 4		6	
1.Projective methods in psychology	PMP2214		4
2.Workshop on psychology	WP2214		
Elective course 5		5	
1.Pediatric Neuropsychology	PN2215		4
2.Health Psychology	HP2215		
Elective course 6		5	
1.History of Psychology	HP3216		5
2.Development of Psychological Science in Kazakhstan	DPSK3216		
Elective course 7		5	
1.Cognitive psychology	CP3217		5

2.Fundamentals of psychoregulation	FP3217		
Elective course 8		5	
1.Basics of conflictology	BC3218		5
2.Conflictology in social work	CSW3218		
Elective course 9		6	
1.Psychology of deviant and suicidal ideation	PDSI3219/		6
2.Psychology of aggression	PA3219		
Elective course 10		6	
1.Emotional flexibility of psychologists	Eth3220		6
2.Psychology of emotional burnout	PTI3220		
Elective course 11		5	
1.Basics of psychotherapy	BP3221		6
2.Existential psychology	EP3221		
Elective course 12		5	
1.Legal psychology	LP4222		7
2.Political psychology	PP4222		
Elective course 13		5	
1.Psychology of extreme situations	PES4223		7
2.Psychology of safety educational space	PSES4223		
Elective course 14		5	
1.Methods of scientific and psychological research	MSPR4224		7
2.Mathematical statistics in psychology	MSP4224		
Elective course 15		5	
1.Psychological service in the social sphere	PSSS4225/		7
2.Organization of psychological service in various institutions	OPSVI4225		
Major disciplines			
Elective course 1		3	
1.Ethnopsychology	PC2306		4
2.Psychology of thinking and intelligence	PP2306		
Elective course 2		4	
1.Psychology of family and marriage	PFM3307		5
2.Ethics and psychology of family relations	EPFR3307		
Elective course 3		5	
1.Correctional Psychology	CP3308		6
2.Psychodiagnostic Workshop	PW3308		
Elective course 4		5	
1.Practical psychology	PP3309		6
2. Theory and practice of family psychotherapy	TPFP3309		
Elective course 5		5	
1. Gestalt psychology	GP4310		7
2.Fundamentals of psychoanalysis	FP4310		
Elective course 6		5	
1.Art therapy techniques	ATT4311		7
2.Basics of individual and group psychotherapy	BIGP4311		
Elective course 7		4	
1.Military Psychology	MP4312		8
2. Psychology of occupational stress	POS4312		
Elective course 8		4	
1.Management Psychology	MP4313		8

